

Puck Warriors Duathlon 2015

Overall RK	Class	Class RK	Bib	Name	Sex	Run 1	T1	Cycle	T2	Run 2	Total time
1	30-40	1.	93	Aodh Ocurrain	m	15:27	00:34	26:01	00:29	16:44	0:59:15.1
2	30-40	2.	51	Miłosz Wójcik	m	16:04	00:26	25:31	00:17	17:12	0:59:29.9
3	30-40	3.	92	James Slowey	m	15:37	00:36	26:45	00:31	16:31	1:00:00.7
4	30-40	4.	95	Ed Murphy	m	15:20	00:48	26:50	00:41	17:15	1:00:54.4
5	20-30	1.	86	Luke Mccarthy	m	17:08	00:32	25:23	00:29	18:05	1:01:36.6
6	20-30	2.	18	Joe Roche	m	17:07	00:43	25:44	00:40	17:59	1:02:13.3
7	30-40	5.	19	John Roche	m	17:08	00:43	26:19	00:37	17:46	1:02:32.8
8	30-40	6.	98	Padrig Kelly	m	17:04	00:30	27:16	00:28	17:39	1:02:57.5
9	30-40	7.	84	James Slade	m	16:54	00:33	26:59	00:38	18:32	1:03:36.0
10	20-30	3.	13	Daniel Gallagher	m	16:55	00:26	28:35	00:17	17:41	1:03:53.5
11	30-40	8.	9	Rob Williams	m	16:25	00:35	29:36	00:37	17:59	1:05:11.7
12	30-40	9.	11	Kevin Fennessy	m	17:48	00:46	27:44	01:01	19:20	1:06:39.1
13	30-40	10.	37	Ciaran Slattery	m	18:52	00:41	27:16	00:39	20:40	1:08:08.7
14	40-50	1.	66	Damien Foley	m	16:57	00:31	33:40	00:29	17:00	1:08:37.5
15	30-40	11.	35	Liam Hickey	m	18:21	01:10	29:59	00:47	19:09	1:09:25.2
16	20-30	4.	87	Brendan Fitzgerald	m	18:56	00:33	29:56	00:32	20:01	1:09:57.7
17	30-40	12.	10	caroline kilty	w	18:22	01:02	31:15	00:44	18:58	1:10:22.0
18	30-40	13.	33	Kieran O Donoghue	m	18:12	00:35	31:34	00:39	19:45	1:10:44.3
19	50-60	1.	6	mark Bulman	m	17:52	01:39	32:46	01:16	17:46	1:11:20.1
20	30-40	14.	54	David osullivan	m	20:00	01:02	28:00	00:54	21:25	1:11:21.1
21	Team	1.	1	Cronin Team	m	18:18	01:08	32:38	01:03	18:37	1:11:43.4
22	30-40	15.	3	SLAWOMIR LEWINSKI	m	19:04	00:33	31:40	00:24	20:05	1:11:44.7
23	30-40	16.	30	John kelliher	m	18:54	01:14	29:34	01:06	21:13	1:12:01.6
24	30-40	17.	8	Con Cronin	m	18:57	01:20	29:35	01:10	21:16	1:12:18.3
25	40-50	2.	59	Sean Murphy	m	18:23	00:39	32:52	00:25	20:02	1:12:22.1
26	50-60	2.	82	Eamonn Dalton	m	19:02	00:56	32:36	00:49	19:14	1:12:36.9
27	30-40	18.	85	Rosie Rea	w	19:38	00:47	30:11	00:52	21:28	1:12:57.1
28	30-40	19.	97	Noel Brennan	m	20:14	00:31	29:53	00:37	21:43	1:12:58.1
29	30-40	20.	65	Norah Golden	w	18:34	00:29	35:13	00:26	18:51	1:13:33.5
30	30-40	21.	99	John Mccarthy	m	19:43	00:48	31:50	00:38	20:44	1:13:43.9
31	30-40	22.	14	Michael Quirke	m	18:32	00:35	34:49	00:30	19:48	1:14:13.0
32	40-50	3.	48	Noel Lawlor	m	19:08	00:32	33:40	00:32	20:31	1:14:23.8
33	40-50	4.	88	Karl Daly	m	20:04	00:38	31:01	00:29	22:41	1:14:52.6
34	40-50	5.	22	Suzanne O Sullivan	w	20:05	00:52	31:33	00:40	21:47	1:14:56.5
35	30-40	23.	12	Eleanor Fennessy	w	19:52	00:56	32:23	00:48	21:23	1:15:21.5
36	30-40	24.	27	maurice Breen	m	19:34	01:00	33:42	00:45	20:21	1:15:22.9

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1	30-40	1.	93	Aodh Occurain	m	15:27	00:34	26:01	00:29	16:44	0:59:15.1
37	40-50	6.	29	Josh Whelan	m	20:05	00:35	32:55	00:32	21:30	1:15:37.7
38	40-50	7.	5	John O Sullivan	m	19:54	01:09	32:09	01:06	21:20	1:15:39.3
39	30-40	25.	21	marie mckenna	w	19:47	01:04	32:34	00:46	21:30	1:15:40.1
40	40-50	8.	96	John Brennan	m	21:53	00:38	29:33	00:48	23:20	1:16:12.5
41	20-30	5.	2	Damian Hourigan	m	19:55	00:33	34:06	00:27	21:15	1:16:16.6
42	40-50	9.	83	James Oshea	m	18:49	00:37	34:44	00:24	21:46	1:16:20.5
43	30-40	26.	55	Tom O'sullivan	m	20:41	00:44	32:16	00:47	22:13	1:16:41.8
44	40-50	10.	58	Vivian Juffs	w	19:34	00:45	35:49	00:37	20:18	1:17:02.6
45	40-50	11.	42	Mike O callaghan	m	20:04	00:47	33:05	00:45	22:38	1:17:20.5
46	30-40	27.	25	Padraig Leane	m	20:25	00:38	34:22	00:27	22:06	1:17:56.8
47	30-40	28.	31	JOhn Mannix	m	21:03	00:50	33:18	00:28	23:29	1:19:07.4
48	30-40	29.	17	Tracy Murphy	w	21:01	00:39	34:04	00:35	23:08	1:19:27.4
49	20-30	6.	57	David Cronin	m	21:42	00:35	33:20	00:24	23:27	1:19:28.4
50	40-50	12.	28	mark Mandaro	m	20:52	01:42	32:53	01:21	22:58	1:19:45.4
51	30-40	30.	102	Niall Toban	m	22:15	01:07	36:02	00:52	20:33	1:20:50.1
52	30-40	31.	23	James O Sullivan	m	22:04	00:38	31:44	00:42	25:45	1:20:53.6
53	60+	1.	81	Sean Leahy	m	20:39	01:37	36:48	01:23	20:31	1:20:56.6
54	60+	2.	7	Tim Buckley	m	23:16	01:10	35:01	00:47	20:46	1:21:00.7
55	30-40	32.	4	Leanne Mccarthy	w	21:45	00:56	35:26	00:50	23:08	1:22:04.8
56	30-40	33.	53	Fiona Healy	w	20:47	00:37	39:29	00:27	21:44	1:23:03.5
57	30-40	34.	40	Des o keeffe	m	22:07	01:07	33:58	01:25	24:29	1:23:06.7
58	20-30	7.	61	Sinead o Connor	w	20:46	01:19	39:37	01:28	20:34	1:23:43.5
59	30-40	35.	34	Colm Keady	m	20:11	01:34	37:07	01:46	23:19	1:23:57.7
60	30-40	36.	89	Gerard Osullivan	m	20:07	00:37	41:35	00:38	21:13	1:24:10.7
61	30-40	37.	24	James Foley	m	22:05	00:40	36:45	00:45	24:22	1:24:37.0
62	30-40	38.	101	Shane Mccabe	m	22:09	01:16	35:32	01:14	24:44	1:24:54.8
63	30-40	39.	103	Keith Hamilton	m	22:18	01:08	37:17	00:38	24:20	1:25:41.1
64	Team	2.	43	around the twist Team	m	22:03	00:35	40:12	00:26	22:39	1:25:56.4
65	40-50	13.	63	Bridget Moore	w	21:37	01:11	39:10	01:11	23:06	1:26:14.3
66	30-40	40.	36	Tommy Commane	m	23:15	01:19	35:30	00:57	25:17	1:26:18.0
67	50-60	3.	39	margaret Lawlor	w	23:40	00:56	34:53	00:40	26:10	1:26:19.6
68	30-40	41.	45	Paudie McQuinn	m	25:16	00:35	36:38	00:29	23:36	1:26:34.3
69	40-50	14.	94	Rosemary Browne	w	21:02	00:46	42:12	00:44	21:51	1:26:34.9
70	30-40	42.	47	Michelle Gleeson	w	23:24	01:05	38:27	00:54	23:08	1:26:57.6
71	Team	3.	32	rockers Team	m	22:08	00:29	43:28	00:22	23:03	1:29:30.9

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1	30-40	1.	93	Aodh Occurrain	m	15:27	00:34	26:01	00:29	16:44	0:59:15.1
72	30-40	43.	15	JOhn o Sullivan	m	23:33	00:46	40:48	00:51	23:59	1:29:57.6
73	30-40	44.	64	Angela o Sullivan	w	22:12	01:08	41:32	00:59	24:14	1:30:05.4
74	30-40	45.	38	Kay Kenny	w	22:12	01:21	41:26	00:54	24:12	1:30:05.7
75	Team	4.	56	sheahans Team	m	20:43	01:00	46:14	00:42	22:04	1:30:43.7
76	20-30	8.	49	Mark Gleeson	m	23:24	01:00	41:05	00:53	25:16	1:31:38.2
77	20-30	9.	60	Michelle Daly	w	25:20	00:38	37:58	00:39	27:46	1:32:20.8
78	30-40	46.	44	Nicola Moore	w	25:16	00:34	39:54	00:39	26:14	1:32:36.5
79	20-30	10.	16	marguerite griffin	w	23:46	01:15	41:24	00:48	25:45	1:32:56.6
80	20-30	11.	26	Kelly Teahan	w	23:47	01:11	41:22	00:52	25:47	1:32:58.6
81	Team	5.	62	cahill Team	m	25:39	02:03	41:07	00:54	24:38	1:34:21.7
82	30-40	47.	91	Lisa Cronin	w	26:12	00:57	38:38	00:51	27:56	1:34:34.1
83	20-30	12.	90	Nora Kelleher	w	26:12	00:55	38:40	00:49	27:57	1:34:34.9
84	30-40	48.	46	Don Shanahan	m	25:17	00:51	39:35	00:46	28:47	1:35:16.2
85	40-50	15.	50	Tina Johnson	w	24:30	00:43	43:41	00:41	28:44	1:38:19.9
86	30-40	49.	52	Lorraine Sheahan	w	24:55	00:36	42:36	00:59	29:15	1:38:20.0
87	40-50	16.	20	Anne Moynihan	w	24:39	00:46	48:15	00:35	26:09	1:40:24.1
88	30-40	50.	41	Tracy O Brien	w	28:54	01:01	51:32	01:06	30:41	1:53:13.3
89	30-40	51.	100	Aine Gorman	w	33:28	01:44	46:11	01:09	34:44	1:57:16.1